Get Re-Energized to be the best Nurse you can be!

Nursing and Aging Services: Changing Times, Changing Roles
2008 KAHSA Nursing Conference

November 6 & 7, 2008
Airport Hilton
2098 Airport Road
Wichita, KS 67209
2008 KAHSA Nursing Conference
November 5, 6 & 7, 2008
Wichita Airport Hilton

If you are a nurse practicing in aging services, the 2008 KAHSA Nursing Conference is your “must-attend” experience this year. You’ll walk away from this year’s conference with new skills and knowledge, you’ll get acquainted (or re-acquainted) with your peers and renew your professional energy and enthusiasm! This year, based on popular demand, we’re offering a one-day pre-conference “DON Bootcamp” for new Directors of Nursing… or seasoned DONs who want a refresher!

Plus…
We’ve also got a special rate CNAs – so that your whole nursing team can grow even stronger in knowledge, skills and commitment to your mission of service!

Agenda at a glance

November 5
DON Bootcamp

8:00  Registration
8:30  Program begins
10:00  Break
10:10  Program continues
11:10  Lunch
12:10  Program continues
1:40  Break
1:50  Program continues
3:20  Break
3:30  Closing
5:00  Adjourn

November 6
7:30  Registration
8:30  General Session
11:30  Lunch with exhibitors
1:00  Concurrent Sessions
2:30  Break with exhibitors
3:00  Concurrent Sessions
4:30  Adjourn

November 7
7:00  Registration w/Breakfast
8:00  General Session
9:50  Break
10:00  Closing Session
12:00  Conference Adjourns

Registration Form
Registration Deadline: October 29, 2008

Name _______________________________ Title/Lic. No. ________________________________
Organization Name ________________________________
Address ________________________________
City/State/Zip ________________________________
Phone __________________ Fax __________________ Email __________________
(Required for confirmation)

In order to have more comfortable seating space, please sign up for the concurrent session(s) and lunch you plan to attend. Lunch is included with the conference fee.

November 5 DONBootcamp ($99) □

November 6
1:00 p.m.          3:00 p.m.          Lunch (Nov 6)
□ Session 1-A □ Session 2-A □ Yes!
□ Session 1-B □ Session 2-B □ Vegetarian
□ Session 1-C □ Session 2-C
□ Session 1-D □ Session 2-D

November 7
Breakfast Buffet □ Yes!

* TLC ’08, “The Learning Club” is a separate organization membership. Please confirm member status with your organization.

Enclosed is my payment to KAHSA in the amount of $__________

Payment Method □ Check □ Visa □ Mastercard
(We only accept Mastercard and Visa)

Credit Card No: ___________________________ Exp. Date: ___________________________
Cardholder's Name (as printed on the Card) ___________________________
Signature on Card ___________________________

FEES/CANCELLATIONS: All fees must accompany registration. Registrations will not be processed without fees. Your fee includes all materials and breaks and meals. NOTE: There will be a $20 fee assessed to walk-in registrants. No refunds will be given for cancellations; substitutions are welcome.

CONFERENCE FEES (per person)
register by October 29th 2008

DON Bootcamp November 5 $99

Conference Rates November 6 & 7

TLC 08 $199
Regular Rate $299
Special CNA Rate $49
(CNA rate applies to two CNAs per one licensed Nurse full registration)
(Call for daily rates)

Please print or type on registration form. Only one registrant per form please. Copy this form as needed.

Please complete and return this form with payment to:
KAHSA, 217 SE 8th Ave., Topeka, KS 66603, Ph: 1-800-264-5242, Fax: 785-233-9471
Faxed registrations must be accompanied by a credit card number.
Attention Persons with Disabilities
Kansas Association of Homes and Services for the Aging will make reasonable efforts to make our events accessible to persons with disabilities. If you are a person with a disability who wishes to attend our event and need to request accommodations relating to your disability, please contact KAHSA at 785-233-7443. A request should be made 10 days in advance of the event.

Hotel Accommodations
The 2008 KAHSA Nursing Conference will be held at the Wichita Airport Hilton, 2098 Airport Road, Wichita, KS 67209.

In beautiful West Wichita at the Mid-Continental Airport, the Airport Hilton is accessible to great dining and shopping on Wichita’s West Side. The hotel is accessible from Kellogg Road.

Reservations
A room block has been reserved at the rate of $87 for a single room and $92 for a double. Mention KAHSA to receive the negotiated rate. For reservations call 1-316-945-5272. Deadline for reservations is October 22, 2008.

Cell Phone Usage
Please remember to set your cell phones and pagers to silent or vibrate during the sessions. These items can be a distraction for other learners in the room. Thank you for helping us provide a great learning environment!

Who Should attend?
• Directors of Nursing
• RNs
• LPNs
• QA Nurses
• CNA Instructors
• Staff Development Nurses
• LPNs
• CNAs

Additional Workshop Information

Attire
Dress comfortably. Remember that it’s difficult to regulate temperature in large rooms to make everyone comfortable. Wear layered clothing to be sure that you’ll be comfortable.

Continuing Education Information
The DON Bootcamp on Nov. 5 is approved for up to 7 continuing education hours applicable to RN and LPN relicensure by the Kansas State Board of Nursing and approved for up to 7 hours for Adult Care Home Administrators by Kansas Department of Health and Environment in the core of Administration.

The Nurse Conference on Nov. 6 & 7 is approved for up to 30 hours for Adult Care Home Administrators by Kansas Department of Health and Environment (LT3 ACOG) with 6.0 possible in the core of Administration and 7.0 possible in the core of Resident Care.

The Kansas State Board of Nursing approves the Kansas Association of Homes and Services for the Aging as a provider of continuing education. This program is approved for up to 10 continuing education hours applicable to RN and LPN relicensure (KSBN LT0102-1116).

Other disciplines will receive certificates of attendance.

Hotel Accommodations
The 2008 KAHSA Nursing Conference will be held at the Wichita Airport Hilton, 2098 Airport Road, Wichita, KS 67209.

In beautiful West Wichita at the Mid-Continental Airport, the Airport Hilton is accessible to great dining and shopping on Wichita’s West Side. The hotel is accessible from Kellogg Road.

Reservations
A room block has been reserved at the rate of $87 for a single room and $92 for a double. Mention KAHSA to receive the negotiated rate. For reservations call 1-316-945-5272. Deadline for reservations is October 22, 2008.

Cell Phone Usage
Please remember to set your cell phones and pagers to silent or vibrate during the sessions. These items can be a distraction for other learners in the room. Thank you for helping us provide a great learning environment!

Who Should attend?
• Directors of Nursing
• RNs
• LPNs
• QA Nurses
• CNA Instructors
• Staff Development Nurses
• LPNs
• CNAs

NEW THIS YEAR!
November 5th PreConference Session
DON Bootcamp
Are you a new nurse leader or a seasoned leader in search of a great update on clinical and regulatory issues? Are you confused about how RUGs and case mix impact reimbursement? Do you understand your role in the survey process? Do you really get how QI/QM items are triggered and how they can be a powerful tool to improve care and prepare for survey? And what is the difference between a manager, a doer and a leader?

The DON Bootcamp is your place for answers! And it’s a safe place to bring your questions and concerns to leaders in our field. Armed with this “basic training” you lead your nursing team to higher levels of excellence.

The bootcamp will focus on the following issues:
Medicare
Medicaid basics
Survey process
Leadership-Pam Herman and Judy Miller
QI/QMs

Who should attend
Directors and Assistant Directors of Nursing, Unit Managers, Neighborhood or Household Leaders/Coordinators and MDS Coordinators. Charge nurses are also welcome.

Faculty:
Diane Atchinson, ARNP, President,
DPA Associates
Carol Job, RN Consultant RAC-C,
Myers and Stauffer
Pam Herman, RN, DON, Lakeview Village
Judy Miller, RN, DON, Pleasant View Home
Karen Craig, RN, GERTI

November 6, 2008
7:30 a.m. Registration
8:30-11:30 a.m. General Session

What to Do About Annie? A Drama About Ethical Issues in LTC
Conflicts arise around decisions to initiate artificial feeding and hydration. This session will present a six-part progressive drama illustrating the case of an 84-year old resident with severe osteoporosis and weight loss. A decision must be made about a feeding tube for supplemental nutrition and her daughters disagree. . . . What should happen? An examination of the ethical issues will accompany the dramatic vignettes and participants will be led in discussion.

Julie Russell is the Executive Director for Kansas Health Ethics, Inc. (KHE) in Wichita, KS, a non-profit organization providing ethics education and a forum for discussion of ethical issues in health care and the end-of-life. Formerly a faculty member in the sociology department at the University of Missouri-Kansas City, Julie also identifies herself as a nurse dramatist. For the past twenty years Julie has been researching, writing, and performing “case dramatizations” on caregiving and end-of-life issues.

Helen Emmott is a nurse ethicist with experience in both adult and pediatric areas. She studied philosophy and ethics at the University of Missouri – Kansas City and graduated with departmental honors in 1994. She served as a program consultant for the Center for Practical Bioethics managing projects in advance care planning, cultural diversity, nursing leadership and many related to end-of-life care and currently serves on their Board of Trustees co-chairing the committee for fundraising and development. In the past, Emmott consulted with the Tuskegee National Center for Bioethics, AARP, and the Robert Woods Johnson National Program Office in Kansas City and Birmingham, Alabama.
11:30-1:00 p.m. Lunch Plus!
Network with your colleagues over a tasty lunch! Then, to enhance your conference experience, we’ve invited several professionally relevant and just plain fun organizations and companies to come share their stuff, help you relax, and answer questions one-on-one.

1:00-2:30 p.m. Concurrent Sessions

1-A The Charge Nurse as a Coach – Part I
Most nurses become supervisors with little or no training in how to supervise people. The purpose of this workshop is to introduce “frontline” LPNs and RNs to a new way of thinking about the supervisory function. It will change the way you think about yourself, your people and your relationship with them. You will learn why coaches are good role models for supervisors; similarities between supervisors and coaches; why supervisors shouldn’t adopt the referee as a role model; why coaches are able to get extraordinary performance from their players; understanding the nature of the relationship between coaches and players.
John Belt, PhD, Center for Management Development, Wichita State University

1-B Safe Transfers And Repositioning (STAR): A Train-the-Trainer Program – Part I
Handling residents in the health care setting has historically resulted in costly and painful injury to employees. Even with increased use of mechanical lifting devices, injuries still occur when caregivers reposition or transfer residents. In this practical, hands-on train-the-trainer session you’ll learn how to educate other caregivers in your organization about proper, safe techniques of transferring and repositioning residents. This session is suitable for CNAs, staff development personnel, nurses and teams of two from your organization.
Ken Zans, Senior Loss Control Consultant, Thomas McGee, LLC

1-C Dementia in Long Term Care: Managing Emotional and Behavioral Symptoms
This presentation will explain some of the many causes of dementia, including Alzheimer’s Disease and Vascular Dementia. In addition to the primary symptoms of dementia, such as memory loss, confusion, and disorientation, many residents with dementia also exhibit a number of secondary symptoms, including emotional and behavioral difficulties. This presentation will look at a variety of methods of managing these secondary symptoms and how to work with hospital gero-psych units and other mental health providers.
Kathy Pearce, Ph.D, Prairie View, Inc.

2:30-3:00 p.m. Break with Exhibitors

3:00-4:30 p.m. Concurrent Sessions

2-A The Charge Nurse as Coach – Part 2
Most nurses become supervisors with little or no training in how to supervise people. The purpose of this workshop is to introduce “frontline” LPNs and RNs to a new way of thinking about the supervisory function. It will change the way you think about yourself, your people and your relationship with them. You will learn why coaches are good role models for supervisors; similarities between supervisors and coaches; why supervisors shouldn’t adopt the referee as a role model; why coaches are able to get extraordinary performance from their players; understanding the nature of the relationship between coaches and players.

2-B STAR – Part 2
Handling residents in the health care setting has historically resulted in costly and painful injury to employees. Even with increased use of mechanical lifting devices, injuries still occur when caregivers reposition or transfer residents. In this practical, hands-on train-the-trainer session you’ll learn how to educate other caregivers in your organization about proper, safe techniques of transferring and repositioning residents. This session is suitable for CNAs, staff development personnel, nurses and teams of two from your organization.
Ken Zans, Senior Loss Control Consultant, Thomas McGee, LLC

2-C STAFFING MADE EASY? Is There Such a Thing?
This presentation will focus on “getting the right people on the bus” starting with the relationship of job qualifications to job descriptions. A good job description flow to your performance expectations and outcomes. We will also discuss how to calculate nursing hours per day and how they compare to your acuity, and how to discuss your organization’s staffing budget with your administrator.
Diane Atchinson, ARNP, President, DPA Associates

2-D How to Handle Infection Control in Assisted Living
Join staff from the office of the Director of Mental Health and Residential Facilities Division of KDOA and learn how to handle MRSA, C-diff, TB - how to prevent, what to do if a case comes up, where to report - all from the perspective of Assisted Living.

November 7, 2008

7:00-8:00 a.m. Registration and Breakfast Buffet

8:00-9:50 a.m. General Session

Where are You in the Evolving Culture of Caring: A Look at Changing Role of Nurses in Aging Services
Join a true Pioneer and take a look at common practice changes associated with culture change and their impact on nursing roles. Using bathing, supervision and medication administration as examples, we will explore how power gets redistributed and medical and nursing care gets incorporated into a more fully lived life.
Joanne Rader, RN, MN, PMHNP graduated from the University of Maryland with a Bachelor of Sciences in Nursing in 1968, and from Oregon Health Sciences University with a Masters in Psychiatric, Mental Health Nursing in 1979. She worked as a clinical specialist and nurse practitioner in mental health in nursing homes for 27 years. In addition, she was an Associate Professor at Oregon Health Sciences University, School of Nursing for 20 years. She is currently an independent consultant.

She was project director on a 3-year grant from the Robert Wood Johnson Foundation (1991-1994) to develop strategies to assist Oregon nursing homes in reducing the use of physical restraints and inappropriate psychotropic medications. She was a co-investigator for a research study designed to reduce the aggressive behaviors during bathing of persons with dementia. She was also co-investigator and interventionist for another NINR funded study looking at pain and its relationship to behavioral symptoms during morning care.

She has published numerous articles and books addressing the emotional needs and behavioral symptoms of persons with dementia including Individualized Dementia Care: Creative, Compassionate Approaches, and Bathing Without a Battle which received AJN Book of the Year awards in 1996 and 2002. She was also chosen “Distinguished Alumni of 2004” by Oregon Health and Science University, School of Nursing.

10:00-12:00 noon General Session

Leading Your Team to a Higher Ground
Join Robbin Davis and your colleagues for the final, rousing, inspiring session of the conference. You will leave more enthusiastic and motivated to take your team to new heights!

Mrs. Robbin Davis has been an adjunct instructor at Butler and Cowley County Community Colleges for fifteen years. She had taught Sociology, Psychology, Public Speaking, English Composition, Literature and various other classes in the Humanities Department. As a result of outstanding evaluations from faculty and students, Mrs. Davis earned the Teaching Excellence Award from Butler College. Mrs. Davis is an Independent Contractor and Professional Motivational Speaker. She has presented speeches and workshops throughout the Nation.