Nursing and Aging Services
Changing Times, Changing Roles

2009 KAHSA Nursing Conference

November 5 & 6, 2009
Wichita Airport Hilton
2098 Airport Road
Wichita, KS 67209
If you are a nurse practicing in aging services, the 2009 KAHSA Nursing Conference is your “must-attend” experience this year. You’ll walk away from this year's conference with new skills and knowledge, you’ll get acquainted (or re-acquainted) with your peers and renew your professional energy and enthusiasm!

Plus...

We’ve also got a special rate for CNAs – so that your whole nursing team can grow even stronger in knowledge, skills and commitment to your mission of service!

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AGENDA AT A GLANCE

November 5
7:30 - 8:30  Registration
8:30 - 10:00  Exploring the Role of the Nurse in Transforming Care Practices: A Focus on Continence and Medications
10:00 - 10:15  Break
10:15 - 11:45  Program Continues
11:45 - 1:15  Lunch with Mary Blubaugh of KSBN
1:15 - 2:45  Program Continues
2:45 - 3:00  Break
3:00 - 4:30  Program Continues

November 6
7:30 - 8:30  Registration and Breakfast
8:30 - 10:00  Breakout Sessions
10:00 - 10:10  Break
10:10 - 12:10  Changing Roles and Responsibilities of the LTC Nursing Team
2009 KAHSA Nursing Conference
Registration Form
Register online at: kahsa.org/nurseconference

Please print or type on registration form. Only one registrant per form please. Copy this form as needed.

Name ___________________________ Title/Lic. No. ___________________________

Organization Name _____________________________________________________________

Address _______________________________________________________________________

City/State/Zip __________________________________________________________________

Phone ___________________________ Fax ___________________________ Email ____________________________

(Required for confirmation)

In order to have more comfortable seating space, please sign up for the concurrent session(s) and lunch you plan to attend. Lunch is included with the conference fee.

Lunch November 5

Yes! ☐ No Thanks! ☐ Vegetarian? ☐

November 6th
Concurrent Sessions Breakfast Buffet
Session A ☐ Yes! ☐
Session B ☐ No Thanks! ☐
Session C ☐

*TLC ’09, “The Learning Club” is a separate organization membership. Please confirm member status with your organization.

Enclosed is my payment to KAHSA in the amount of $_______________

Payment Method ☐ Check ☐ Visa ☐ Mastercard
(We only accept Mastercard and Visa)

Credit Card No: ____________________________________________ Exp. Date: ________________
Cardholder’s Name (as printed on the Card) ________________________________
Signature on Card: ________________________________________________

FEES/CANCELLATIONS: All fees must accompany registration. Registrations will not be processed without fees. Your fee includes all materials and breaks and meals. NOTE: There will be a $20 fee assessed to walk-in registrants. No refunds will be given for cancellations; substitutions are welcome.

Faxed registrations must be accompanied by a credit card number.
Additonal Workshop Information

Attention Persons with Disabilities
Kansas Association of Homes and Services for the Aging will make reasonable efforts to make our events accessible to persons with disabilities. If you are a person with a disability who wishes to attend our event and need to request accommodations relating to your disability, please contact KAHSA at 785-233-7443. A request should be made 10 days in advance of the event.

Continuing Education Information
Approved for up to 10.5 hours for Adult Care Home Administrators by Kansas Department of Health and Environment (LTS A0009) with 2.5 possible in the core of Administration and 8.0 possible in the core of Resident Care.

The Kansas State Board of Nursing approves the Kansas Association of Homes and Services for the Aging as a provider of continuing education. This program is approved for up to 10.5 continuing education hours applicable to RN and LPN relicensure (KSBN LT0102-1116).

Other disciplines will receive certificates of attendance.

Attire
Dress comfortably. Remember that it’s difficult to regulate temperature in large rooms to make everyone comfortable. Wear layered clothing to be sure that you’ll be comfortable.

Hotel Accommodations
The 2009 KAHSA Nursing Conference will be held at the Wichita Airport Hilton, 2098 Airport Road, Wichita, KS 67209.

In beautiful West Wichita at the Mid-Continental Airport, the Airport Hilton is accessible to great dining and shopping on Wichita’s West Side. The hotel is accessible from Kellogg Road.

Reservations
A room block has been reserved at the rate of $94 for a single room. Mention KAHSA to receive the negotiated rate. For reservations call 1-316-945-5272. Deadline for reservations is October 21, 2009.

Cell Phone Usage
Please remember to set your cell phones and pagers to silent or vibrate during the sessions. These items can be a distraction for other learners in the room. Thank you for helping us provide a great learning environment!

Who Should Attend:
DONs, RNs, LPNs, CNAs, Charge Nurses, Staff Development, CNA Instructors

Print Your Own Handouts
KAHSA now has a “print as needed” handout policy for our major conferences. As they become available, handouts will be posted at www.kahsa.org/nurseconference.

Each participant should print out the handouts they need for the sessions they will attend.
November 5, 2009

7:30 - 8:30  Registration

8:30 - 4:30  General Session

Exploring the Role of the Nurse in Transforming Care Practices: A Focus on Continence and Medications

The goal of culture change is to provide quality of life and quality of care to elders wherever they live. Supporting their autonomy, choice, growth and dignity are key. Many nurses are exploring their changing roles in transforming settings.

Participants will examine in-depth how nursing practices can be transformed to support resident-directed care and simultaneously ensure residents are receiving the best evidence-based clinical nursing care. Join our expert panel of nurses for a day-long course that will focus on two care practices in the context of

- Culture Change
- Medication Administration
- Getting people to the bathroom when and how they wish

Emphasis will be placed on the role of the professional nurse in facilitating change and supporting self-directed work teams.

Presenters:

Joanne Rader, RN, MN, PMHNP is a founding member, board member and volunteer of the Pioneer Network and is working to change the culture of aging in America. She was an Associate Professor at Oregon Health Sciences University School of Nursing for 20 years. Additionally, Joanne was project Director on a 3 year grant from the Robert Wood Johnson Foundation to develop strategies to assist Oregon nursing homes in reducing the use of physical restraints and inappropriate psychoactive medications. She was also a co-investigator for a research study designed to reduce the aggressive behaviors during bathing persons with dementia. Joanne has published numerous articles and books and is currently an independent consultant.

Kathryn Anderson, PhD, RN, is Director of Clinical Services at Providence Mount St. Vincent in Seattle, Washington. She was previously Professor and Graduate Program Director at Seattle University College of Nursing, where she taught courses in gerontological and medical-surgical nursing, health promotion, and research. Her scholarly interests have focused on quality of life, health outcomes, and chronic illness (especially respiratory disease) in aging clients. The majority of her clinical experience has been in home
influence our geriatric care providers of the future, promoting education for both clinical staff and nursing students in our facilities. This session provides a combination of geriatric teaching tips and resources to enhance our work with nursing students as well as promote staff development. Challenges and strategies in the educator role will be explored.

Presenter:
Wanda Bonnel, Associate Professor at the University of Kansas School of Nursing works with graduate students who are gaining skills as nurse educators and advanced practice geriatric nurses. Her many publications and presentations relate to her expertise in clinical nursing education, web-based teaching, and geriatrics.

B) Leadership and the CNA

Join an expert in CNA leadership for a discussion of ways CNAs can develop their own qualities of leadership. You’ll learn about ways to step out of your comfort zone and increase self-confidence, build relationships and stay engaged for life long learning.

Presenter:
Jerrie Reick, CNA, CMA, Homemaker, Guide, has been with Meadowlark Hills for 21 years, as a CNA, rehab aide, CMA, household coordinator and other roles. She is also a former KAHSA Leadership Fellow, having completed the program in 2009.

C) Communication and Charting: Critical Components of Caring

The principles of effective communication will be explored as it relates to the care of the elderly, including ethical considerations and issues of confidentiality in health care settings.
Presenter: Joan Felts, PhD, RN, is Professor Emerita of Newman University, Wichita, Kansas, and member of the Catholic Care Center Board of Directors. Past professional experiences include teaching at six different levels in nursing education---nurse aide, practical nursing, diploma nursing, associate, baccalaureate and masters; Dean of the School of Science, Nursing and Allied Health at Newman University; member of the Kansas State Board of Nursing; chair of the Kansas Committee for Nursing Education and Practice; and presenter at professional nursing meetings in Kansas and other states.

10:10 - 12:10  General Session

Changing Roles and Responsibilities of the LTC Nursing Team

There is often a blurring of roles among the registered nurse, the licensed practical nurse and the nursing assistant in nursing homes, especially in nursing homes engaged in nursing home culture change. In this session, participants will generate a list of nursing tasks that are involved in providing quality care to residents. They will then discuss their perceptions of roles and responsibilities for these various tasks. Issues of role overlap, role conflict and role identity and role clarification will be explored.

Presenter: Irene Fleshner, RN, MHSA, FACHE serves in a part time capacity as the Senior Vice President for Strategic Nursing Initiatives at Genesis Health Care. In this role she functions as a liaison with nursing academia, professional organizations and health policy groups. Irene is also a Principal for the consulting firm of Reno, Davis and Associates, Inc. Irene provides consulting services to professional associations, nursing organizations, and businesses in the acute and long term care sectors. Her expertise is in the areas of clinical operations, nursing practice, business development and quality improvement.

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Get Re-Energized to be the best Nurse you can be!